

### Access to Primary Care Providers (PCP)s

Currently doing	Participating in two sub-grants that are helping to promoting wellness visits, conducting outreach to patients through its ACO to schedule wellness visits and get a PCP, though the Patient Centered Medical Home (PCMH) BMH ensures that patients always have access to same day appointments, PCPs regularly review appointment time availability, BMH clinics offer a sliding fee scale to make care affordable, BMH operates urgent cares in all three counties and the urgent cares promote follow up with PCPs, BMH prints and distributes a community resource booklet and provider directory to make finding a PCP easy, the PCMH after hours phone “ask a nurse phone line”
Met outside of BMH	Medicaid expansion, there are many PCPs in Pocatello, Blackfoot, and Idaho Falls
Future	Enhance its web portal to facilitate communication with patients, continue to expand PCMH, continue to pursue grants, continue expanding its ACO, expand team based care within clinics to allow PCPs to see more patients, use care coordinators to promote PCP follow up with patients in the hospital who don’t have a PCP, increase community-based care options (for example, afterhours care for wellness related issues), conduct outreach to migrant workers

### Obesity

Currently doing	Offers the Diabetes Prevention Program (DPP) for a low cost, weight loss seminars, promoting access to specialists though the rural health clinic and PCMH, operating grants to expand DPP and provide access to DPP through Medicaid, offers an Exercise and Nutrition Class, operates a Bariatric Center of Excellence, launched EMPOWER to provide enhanced weight loss services, won a grant to purchase two new bariatric beds and to redesign the educational materials used within its Bariatric Center of Excellence, operating grants to improve access to health screenings for hypertension, cholesterol, pre-diabetes and diabetes, provides bariatric sensitivity training to all employees
Met outside of BMH	Physicians Immediate Care, Portneuf Medical Center, Eastern Idaho Regional Medical Center all offer classes, Idaho Food Bank offers a Cooking Matters class
Future	Further develop patient education opportunities, conduct more patient outreach related to obesity and common co-morbidities, start a Diabetes Self-Management Support Program, maintain DPP and other current education classes, build a robust 5-2-1-0 for children, work with PCPs to obtain grants that will overcome barriers related to access to diabetes care, standardized evidence-based screenings

### Mental Health Services

Currently doing	Offers an Anger Management and Love and Logic classes, provides counseling services in Blackfoot, Idaho Falls and Pocatello, provides a list of free and low-cost mental health services through its community resource booklet, offers physician/provider education about how best to use community resources to complement clinical care, in 2018 BMH opened a new geriatric psychiatric unit
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	with 10 beds to provide acute mental health care, BMH hired more mental health providers
Met outside of BMH	Blackfoot South, Health West offer mental health services/counseling
Future	Pursue grants to continue to develop mental health resources, expand mental health course offerings (for example, online, on-demand courses), build more community partnerships (for example, with ISU's wellness center), increase the use of standardized evidence based screenings in clinics

Drug/Alcohol Abuse

Currently doing	In 2019 BMH released a Community Resource Booklet to connect patients with low-cost and free addiction services in the community as well as physician/provider education about how best to use these resources to help patients. Grants to provide drug disposal resources to the community through partnerships with the BHCF, the Shoshone Bannock Community Clinic and the Bingham sheriff's Department. Grant to allow BMH to purchase drug disposal bins and increase BMH's participation in National Drug Take Back Day. BMH also offers a drug abuse and addiction class.
Met outside of BMH	Churches, Pocatello Recovery Center, Blackfoot South offer AA classes, Pocatello Health Department
Future	advertising ECHO classes and other free resources for community and providers, suboxone clinic, improved educational offerings, develop partnerships, communication and referral patterns, standardized evidence based screenings, grants, drug disposal